



## Andy Langdown

Consultant Orthopaedic Hip  
and Knee Surgeon

Hampshire, West Sussex & Dubai

Andy Langdown is an experienced hip and knee specialist with a particular interest in the young adult hip. He believes in fully involving his patients in the decision-making process and tailors treatment to their needs using minimally invasive techniques, joint preservation surgery and the most clinically proven implants to aid post-operative rehabilitation and optimise outcome. Practising in Portsmouth and Chichester he is acknowledged as one of the UK's leading Hip Arthroscopy surgeons, performing approximately 200 of these procedures per year. He is also an International Visiting Professor of Orthopaedics in Dubai.

A Fellow of the Royal College of Surgeons of England since 1997, Andy Langdown qualified from Birmingham in 1993 and then trained in Bristol, Oxford and Australia before being accredited to the Specialist Register for Trauma & Orthopaedic Surgery in 2005; he has been a Trauma & Orthopaedic Consultant Surgeon at the Queen Alexandra Hospital in Portsmouth since 2005.

Andy has a wealth of experience and expertise in the surgical treatment of hip conditions such as persistent groin pain, hip impingement, lateral hip pain (bursitis/abductor muscle dysfunction) and arthritis and knee conditions such as anterior knee pain, cartilage injuries, ligament tears, patellar instability and arthritis. However his particular expertise is in the young adult hip. In 2010 he established a specialist service for the treatment of young adult hip conditions in Chichester and Portsmouth; he is now acknowledged as one of the UK's leading Hip Arthroscopy surgeons, undertaking approximately 200 Hip Arthroscopy procedures per year. In recognition of this Andy has been appointed International Visiting Professor of Orthopaedics at the Saudi German Hospital in Dubai where he brings his skills to the population of the UAE.

As one of the founding members of the Portsmouth Arthroplasty Group, Andy has developed protocols for the management of infected joint replacements. He is also an accomplished trauma surgeon having spent time as a consultant on the specialist regional trauma service in Oxford. He is still an active member of the Trauma Service in Portsmouth and provides expertise particularly with regard to complex hip and knee injuries.

A keen amateur sportsman who has won numerous medals nationally and internationally in cycling, Andy is also well aware of the particular surgical and rehabilitation needs of sportsmen and sportswomen following injury.

### Accreditation and Admitting Rights

Andy Langdown is an accredited consultant for the following hospitals, clinics and groups



### Contact

02392 456157

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[www.hipandkneeadvice.com](http://www.hipandkneeadvice.com)

### Specialises in

#### HIP

- Hip Arthroscopy (keyhole surgery)
- Hip Impingement surgery
- Labral Repair
- Hip Muscle Reconstruction
- Primary Hip Replacement
- Revision Hip Replacement

#### KNEE

- Knee Arthroscopy (keyhole surgery)
- Cartilage Repair
- Cruciate Ligament Reconstruction
- Patellar Realignment & Stabilisation
- Primary Knee Replacement (Partial or Total) and Revision Knee Replacement
- Robotic Assisted Surgery
- Patient Specific Instrumentation

### Professional Details

#### Qualifications

**BSc MB ChB FRCS (Tr & Orth)**

Qualified in 1993

#### Registrations and licensing

General Medical Council (GMC)

Registration no: 4015886

Date of registration: 01 Aug 1994

### Memberships and Associations

- British Orthopaedic Association
- Royal College of Surgeons
- International Society for Hip Arthroscopy
- British Medical Association

### Locations

#### Main location

Spire Portsmouth Hospital  
Bartons Road  
Havant  
PO9 5NP

#### Other locations

Nuffield Health Chichester Hospital  
78 Broyle Road  
Chichester  
PO19 6WB

Saudi German Hospital Dubai  
Al Barsha 3 Hessa Street  
(Opposite American School of Dubai)  
Sheikh Zayed Road  
PO Box 391093  
Dubai UAE