



Anthony Hearnden

Consultant Orthopaedic Surgeon
Surrey

Contact

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Mr Anthony Hearnden is Consultant Orthopaedic Surgeon at the Royal Surrey County Hospital NHS Foundation Trust. He offers private treatment for hand, wrist, elbow and shoulder problems at Guildford Upper Limb, a specialist clinic based at Nuffield Health Guildford Hospital and BMI Mount Alvernia Hospital.

Mr Anthony Hearnden graduated from Kings College Medical School in London in 1995 and undertook his orthopaedic training in South West London. Following a prestigious fellowship in hand and shoulder surgery at the world-renowned Wrightington Upper Limb Unit in Wigan, in 2007 he was made a consultant at the Wrightington Hospital, gaining routine experience in the treatment of the full range of conditions that affect the hand, wrist, shoulder and elbow, including those of a complex and tertiary nature.

Mr Hearnden was appointed Consultant Orthopaedic Surgeon at the Royal Surrey County Hospital in 2010, where he specialises exclusively in upper limb surgery using the latest arthroscopic (keyhole) and minimally invasive techniques. As part of Guildford Upper Limb, he works closely with other upper limb specialists and highly trained specialist physiotherapists and hand therapists to provide both NHS and private patients with a comprehensive multidisciplinary service for hand, wrist, elbow and shoulder problems.

Mr Hearnden works with physiotherapists and hand therapists to provide a range of non-surgical and surgical treatments for hand and wrist arthritis. The areas most commonly affected are the base of the thumb, the finger joints, and the joint in the wrist that allows rotation of the forearm known as the distal radio-ulna joint (DRUJ). Initial treatments that may be offered include splints, painkillers, anti-inflammatory medication, cortisone injections and exercises.

Where non-surgical options fail to bring about any improvement, Mr Hearnden is able to offer a number of surgical procedures to reduce pain and restore function to the hand and wrist.

Specialises in

- Hand and wrist surgery
- Shoulder and elbow surgery
- Frozen shoulder,
- Rotator cuff repair
- Dupuytren's contracture surgery
- Carpal tunnel (release & syndrome)
- Tennis elbow

Professional Details

Qualifications

MBBS, BSc, FRCS(Tr&Orth)
Qualified in 1995

Registrations and licensing

General Medical Council (GMC)
Registration no: 4232261
Date of registration: 16 Aug 1996

Memberships and Associations

- Royal College of Surgeons of England

Locations

Main location

Nuffield Health Guildford Hospital
Stirling Road
Guildford GU2 7RF

Other locations

BMI Mount Alvernia Hospital
Harvey Road
Guildford GU1 3LX

Accreditation and Admitting Rights

Anthony Hearnden is an accredited consultant for the following hospitals, clinics and groups

