



Nathan Anthony

Consultant Psychiatrist

London

Contact

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<https://privatepsychiatristslondon.com>

Dr Nathan Anthony is a consultant psychiatrist in London, Essex, Kent and Surrey who provides a flexible client centred approach. He deals with a wide range of psychiatric problems including depression, bipolar disorder, anxiety disorders, alcohol and drug problems and adult ADHD. He is also trained in cognitive analytic psychotherapy and often sees clients for psychotherapy himself.

Dr Nathan Anthony trained at Guy's and St Thomas' Hospitals in London and qualified with degrees in pathology, medicine and surgery in 1996. Having developed a natural aptitude for psychiatry as an undergraduate, he embarked on specialist training in London and was fortunate to have a comprehensive and intensive training in psychiatry including the psychological and psychodynamic issues that predispose to problems in adulthood.

Dr Anthony has worked as a consultant psychiatrist in the NHS since 2005 and recently left to concentrate on private practice where he can spend unhurried time with clients. Mr Anthony is currently based at Nathan Anthony Psychiatric Clinic, 10 Harley Street.

Dr Anthony is fully committed to providing a prompt and comprehensive service for his clients. He is not only aware of how difficult it can be for clients to find a psychiatrist but also to find somewhere that can provide a "one-stop service" and hence an assessment and treatment package under one roof. Clients often find they have to see many people in order to get their care needs met.

His passion is to instil a sense of self empowerment in his sessions with clients. People with mental health problems have incredible strengths and Dr Anthony feels it is important that his clients do not feel stigmatised.

A firm believer in looking at and addressing issues that predispose clients to mental anguish and distress, Dr Anthony's overall aim is to vigorously treat the current problems but also to treat the cause in order for them not to return in the future.

Accreditation and Admitting Rights

Nathan Anthony is an accredited consultant for the following hospitals, clinics and groups



Specialises in

- Psychotherapy
- Depression (including treatment resistant depression)
- Bipolar disorder
- Anxiety and panic disorders
- Alcohol and drug problems
- Schizophrenia and other psychotic disorders
- Obsessive compulsive disorder
- Post traumatic stress disorder
- Personality disorders
- Adult ADHD
- Eating disorders

Professional Details

Qualifications

MBBS, BSc, MRCPsych

Qualified in 1996

Registrations and licensing

General Medical Council (GMC)

Registration no: 4322009

Date of registration: 06 Aug 1997

Memberships and Associations

- Royal College of Psychiatrists

Locations

Main location

Nathan Anthony Psychiatrist Clinic

10 Harley Street

London W1G 9PF

Other locations

Keats House

24 St Thomas Street

London SE1 9RS

Lily House

11 The Shrubberies

London E18 1BD

Priory Hospital Hayes Grove

Prestons Road

Bromley BR2 7AS

Wilbraham Place Practice

9A Wilbraham Place

London SW1X 9AE