



Redwan El-khayat

Consultant Psychiatrist &
Psychotherapist

Salisbury/Southampton/Winchester

Dr Redwan El-Khayat is an expert consultant psychiatrist and accredited CBT psychotherapist with over 25 years of experience. He consults privately at Salisbury Practice, Salisbury and The Manor Clinic, Southampton where he uses his extensive experience to help support individuals with a wide range of mental disorders.

Dr Redwan El-khayat is a consultant psychiatrist and psychotherapist based in Salisbury, at the Salisbury Practice, and Stockbridge, with practicing privileges at The Manor Clinic, Southampton. He has over 25 years of experience working in the field of mental health, and is an expert in his field. His extensive experience has seen him working with a spectrum of mental disorders of all levels of severity and complexity including depression, bipolar, anxiety, ADHD, chronic fatigue syndrome and other mental health problems. Dr El-khayat has both the expertise and qualifications to offer a more comprehensive and holistic approach to mental health problems: psychological (Cognitive Behavioural) approach as well as psychiatric (medical) approach.

Dr El-khayat completed his primary medical qualification from the Autonomia University of Barcelona from which he graduated in 1984 with a degree in medicine (LMS). He worked in the field of primary care service for several years. He decided later to specialise in psychiatry, and started his training in Ireland, and moved to the UK in 1994 to join the NHS. He then went on to complete his cognitive behavioural therapy training at the prestigious Oxford University in 1995, and has since kept his training up to date to ensure his patients receive the highest level of care. Dr El-khayat is one of few psychiatrists to be accredited as a Cognitive Psychotherapist by the British Association of Behavioural and Cognitive Psychotherapists

Dr El-khayat completed his specialist psychiatric training in Hampshire. After 20 years in the NHS he took an early retirement in April 2014, but he continues on as an honorary NHS consultant.

Contact

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www.thesalisburypractice.co.uk

Specialises in

- Depression
- Bipolar
- Anxiety
- ADHD
- Chronic fatigue syndrome
- General mental health problems

Professional Details

Qualifications

MRCPsych, CBT trained, Oxford Uni, 1995, BABCP accredited
Qualified in 1984

Registrations and licensing

General Medical Council (GMC)
Registration no: 4230836
Date of registration: 24 Jul 1995

Memberships and Associations

- British Medical Association
- Royal College of Psychiatrists

Locations

Main location

The Salisbury Practice
15 New Street
Salisbury SP1 2PH

Other locations

The Salisbury Practice
3 Clarendon Terrace
Stockbridge SO20 6EY

