



Stephen Palmer

Consultant Orthopaedic Surgeon

Essex

Contact

07818032910

stephen.palmer@meht.nhs.uk

<https://www.springfieldhospital.co.uk/>

Based at one of Essex's leading private hospitals, Mr Stephen Palmer is an experienced Consultant Orthopaedic Surgeon specialising in arthroscopic (keyhole) knee surgery, primary and revision knee replacement, sports injuries to the knee, osteoarthritis of the knee and knee ligament reconstruction.

Stephen Palmer, FRCS(Tr & Orth), is a Consultant Orthopaedic Surgeon who trained at St Thomas' Hospital, London, graduating in 1990. Following basic training he specialised in the field of orthopaedic surgery, gaining valuable experience in the many centres of excellence prevailing in the Eastern region.

He has worked with many leading experts in the field of orthopaedic surgery and secured the privilege of acquiring a knee fellowship at Addenbrooke's Hospital. Gaining accreditation to the specialist register in 2000 he was appointed consultant, also in 2000.

A young, insightful and dynamic surgeon, Stephen pursued his interests in surgery of the knee, including arthroscopy, ligament reconstruction, and primary and revision joint surgery.

Popular with both the young and the elderly, Stephen has a varied client base. He is the clinical lead with the Physiotherapy & Sports Injury clinic at Springfield Hospital, Chelmsford, combining their expertise to the treatment and follow up of patients.

Stephen is available for private consultation at Springfield Hospital on Thursdays.

Specialises in

- Arthroscopic knee surgery
- Knee replacement
- Revision knee replacement
- ACL reconstruction
- Sports injuries
- Knee osteoarthritis

Professional Details

Qualifications

MBBS, FRCS(Tr&Orth), MD
Qualified in 1990

Registrations and licensing

General Medical Council (GMC)
Registration no: 3491889
Date of registration: 01 Aug 1991

Memberships and Associations

- Royal College of Surgeons

Locations

Main location

Springfield Hospital – Ramsay
Health Care UK
Lawn Lane
Chelmsford
Essex
CM1 7GU

Other locations

Broomfield Hospital
Court Road
Broomfield
Chelmsford
Essex
CM1 7ET

Accreditation and Admitting Rights

Stephen Palmer is an accredited consultant for the following hospitals, clinics and groups

