



IMPERIAL PRIVATE  
HEALTHCARE

QUEEN CHARLOTTE'S & CHELSEA



## Maternity care

# World-class maternity care

At Queen Charlotte's & Chelsea, we know that parents-to-be want a trusted team that understands their personal situation and requirements.

When you choose to have your baby privately with us, you have the option to receive care and advice from a chosen consultant, or opt for a midwife-led maternity service. Working together with you, we will create a bespoke care plan that suits you and your baby, for every stage of your pregnancy and birth.

Our consultants, midwives and support staff have the expertise and experience to support you through any pregnancy and delivery – from straightforward births to complex and multiple deliveries.

The hospital is home to the nationally celebrated Centre for Fetal Care and also houses the largest neonatal intensive care unit in the country, with a long history of clinical excellence. The labour ward has two fully equipped operating theatres adjacent

to high-dependency care, so we can provide the very best care in any eventuality.

As Queen Charlotte's & Chelsea is conveniently located on the same site as Hammersmith Hospital, you will have the reassurance of a wealth of back-up medical services in all specialisms on site, 24 hours a day, providing assistance for both you or your baby if it is ever required.

Our private patients ward, the Sir Stanley Clayton ward offers private en suite rooms in a modern, homely environment in which to start your new or expanded family life. Discretion is key to our service, and we will ensure that you have the space, security and privacy you need to enjoy these precious early moments as a family.

The ward is part of Imperial Private Healthcare which provides world-class care in one of the UK's leading teaching hospital groups, Imperial College Healthcare NHS Trust.

“The whole process was enjoyable and made us feel secure and welcome.”



# Expert care

When you choose to have your baby with us, you will be supported by trusted professionals from antenatal care, through your birth and beyond.

We understand that no two pregnancies or births are the same and each person has different preferences. At the Sir Stanley Clayton ward, we provide a choice of consultant-led care or midwife-led care, so that the support you have at your birth is tailored exactly as you want it to be.

With consultant-led care you will be looked after by your chosen consultant throughout your pregnancy, birth, and postnatal follow up. We would recommend this option to parents that may have a high-risk pregnancy or a history of pregnancy complications. It is also a popular option for first time parents.

A midwife-led package is ideal for all parents-to-be expecting a straightforward birth, whether it is your first baby or not. You will get to know a small team of midwives throughout your pregnancy, who will be available to talk with you whenever you need guidance. A member of your midwife team will be with you at your birth and will be available to support you in the days and weeks that follow.

With world-class consultants and midwives, and modern facilities, we provide outstanding levels of safety, whatever birth option you choose. Our consultants and midwives have the expertise to support you if you are likely to have a more complex pregnancy or birth, including previous miscarriages, pre-term deliveries or if you are expecting a multiple birth.

Most babies are born healthy and without any concerns. However, if you require specialist medical support, you are in the ideal location. Queen Charlotte's & Chelsea Hospital has been appointed as a tertiary referral maternity unit within the NHS (meaning it accepts referrals of complex cases from other maternity units), as it is able to provide the highest level of care in high risk and complicated pregnancies.

Our Centre for Fetal Care is able to support the most extreme pre-term babies or those likely to require additional care after birth. Our neonatal unit is the biggest in London to care for babies with a birth weight of less than 1.5kg.

You will also have the reassurance of a wealth of medical support services in all specialisms on site, 24 hours a day, to keep you and your baby as safe as possible. So whatever your health needs, you can trust we have the expertise and ability to help.



“The midwife support is excellent and they have plenty of time to help and support at any time of the day.”

# Antenatal care

You and your baby will be carefully monitored throughout your pregnancy as part of your care package. We offer a complete suite of detailed ultrasounds and invasive and non-invasive tests, using state-of-the-art equipment.

Our team has the expertise to advise immediately on the next steps if an issue is detected. They will work closely with specialist colleagues to ensure that your condition is investigated and managed promptly.

## Antenatal classes

Our private antenatal classes are run at Queen Charlotte's & Chelsea Hospital by highly qualified and experienced midwives. They will equip you with the information, skills and confidence to deal with labour, birth and care of your newborn.

These are offered especially if you are about to become a parent for the first time, but can be an excellent refresher course if you already have children. Bespoke or intensive classes are available on request.

The monitoring services we offer include the following:

### Up to 11 weeks

A dating scan to determine due date.

### From 10 weeks

A new non-invasive pregnancy test (Harmony) to screen for Down's syndrome and other chromosomal abnormalities via a simple blood test.

### 11-13 weeks

Nuchal translucency scans to look for increased risks of chromosomal conditions, such as Down's syndrome.

### 18-21 weeks

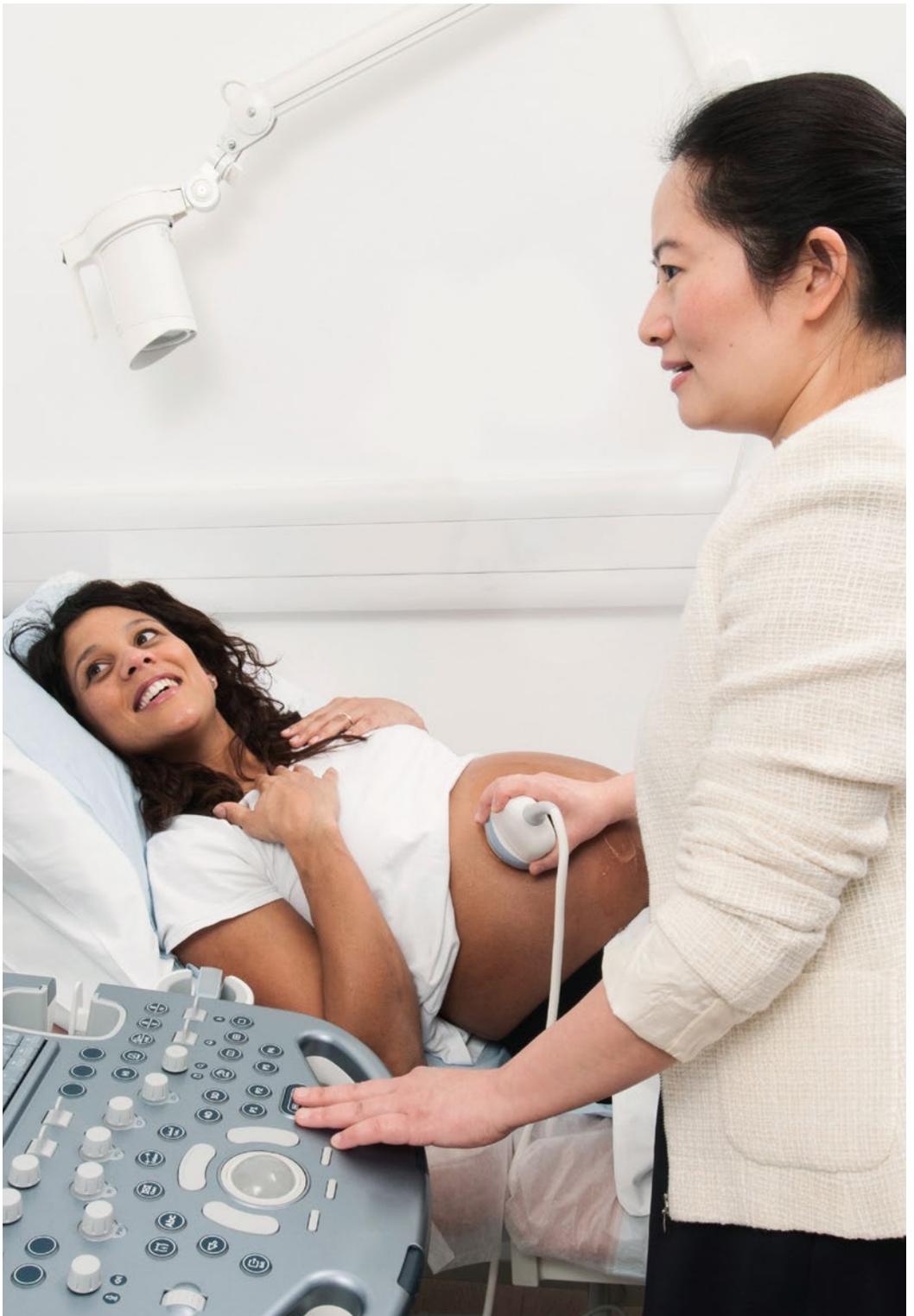
An anomaly scan to check that your baby is developing normally.

### 20-42 weeks

Regular growth scans to check the size of your baby.

### 3D scans

3D scans provide a more detailed view of your baby. These are offered when you have your growth scans.



“Staff are outstanding.  
They are warm, polite,  
caring, attentive and  
extremely supportive.”





# Labour and delivery

Your obstetric consultant or midwife will be supported by a range of medical experts who are on hand to assist if you need them during the labour and birth, including consultant anaesthetists and consultant gynaecologists.

As the Sir Stanley Clayton ward is located within Queen Charlotte's & Chelsea NHS hospital, our patients always have access to other specialists that support Imperial Private Healthcare in delivering adult intensive care and neonatal care for newborn babies.

Consultants in other specialties – for example, neonatology, paediatrics, renal medicine and cardiac care – are available if needed to provide you or your baby with the appropriate care and treatment throughout your stay and beyond.

Because of this broad support team, Imperial Private Healthcare has an excellent safety record.

## After your birth

If you are first-time parents, the adventure is just beginning and there is a lot to learn. Breastfeeding, washing your baby and navigating childhood immunisations will all be new to you.

Even if you already have children, no two babies and no two births are the same. You may need more support or advice during your recovery – for example, if you have had a caesarean – or your baby may have different needs than his or her older sibling. Perhaps, on this occasion, you are going home with twins. Our midwives are available to support you with any questions you have in the early days. All of our midwives are also trained in supporting mothers to breastfeed.

If you are having trouble breastfeeding or have an excess of milk, Imperial College Healthcare NHS Trust also runs the world's first milk bank, where families have been receiving (and donating) breast milk since 1938.

“We were surprised by how much attention was paid to every detail, and by how the staff were proactively following up on them.”



# Our hotel services

As a private patient at Queen Charlotte's & Chelsea Hospital, you will stay in one of the private en suite rooms in the Sir Stanley Clayton ward. These modern, homely rooms provide a wonderful environment to start your new or expanded family life.

The ward includes a nursery, so you can enjoy some rest whilst remaining confident that your baby is being well cared for. New fathers are welcome to stay overnight, and we also have a limited number of double bedrooms (subject to availability).

However long your stay, we want you to be comfortable and relaxed. Our friendly hotel services team will help you settle in and feel at home.

We offer satellite TV with major international channels, a radio, bedside phone and fridge. Complimentary WiFi is also available throughout your stay.

You will be able to order from a range of delicious menu options that include vegetarian, halal and kosher meals. With the exception of some specific clinical dietary requirements, talented chefs prepare all meals to order on site.



“Warm and welcoming  
– both the staff and  
environment.”



Sir Stanley Clayton ward suite

### Booking a tour

If you would like to visit the Sir Stanley Clayton ward before you make your choice, we would be delighted to show you around.

Please email us on  
[imperial.stanleyclaytonward@nhs.net](mailto:imperial.stanleyclaytonward@nhs.net)  
or call us on  
**+44(0)20 3313 1466**

### Getting in touch

If you would like to arrange your care with us, or have any further questions about private births at Queen Charlotte's & Chelsea Hospital please call us on

**+44(0)20 3313 1466** or email  
[imperial.stanleyclaytonward@nhs.net](mailto:imperial.stanleyclaytonward@nhs.net)

We look forward to welcoming you.

# About Imperial Private Healthcare

As a patient with Imperial Private Healthcare, you'll experience the best of both worlds – world-class consultants providing care in modern, private facilities, all within some of London's most trusted NHS hospitals, including St Mary's, Charing Cross, Hammersmith, Queen Charlotte's & Chelsea and The Western Eye.

We are proud to be part of one of the UK's leading academic hospital groups, Imperial College Healthcare NHS Trust. With more than 350 expert consultants covering every medical, diagnostic and surgical specialty, we are able to care for you as either an inpatient or outpatient – whatever your healthcare needs.

With Imperial College London and other partners, the Trust created one of only six academic health science centres in the UK.

Together, we are involved in ground-breaking clinical trials and cutting-edge laboratory research. Bringing together primary research with a clinical setting enables our consultants to translate findings quickly into practice so that you receive the most up-to-date treatment.

From diagnosis until discharge, you and your family will experience exceptional levels of discretion and care. Each of our hospitals offer the comfort and convenience of private en suite rooms, where our nursing and hotel services team will be on hand to support you through your recovery.

In addition, all funds generated by Imperial Private Healthcare are reinvested in Imperial College Healthcare NHS Trust, to support and enhance both NHS and private clinical services for the benefit of all patients.

Imperial College Healthcare   
NHS Trust





IMPERIAL PRIVATE  
HEALTHCARE

QUEEN CHARLOTTE'S & CHELSEA

**Contact us**

Sir Stanley Clayton Ward, Queen Charlotte's & Chelsea Hospital,  
Du Cane Road, London W12 0HS

Telephone: **+44(0)20 3313 1466**

Email: **[imperial.stanleyclaytonward@nhs.net](mailto:imperial.stanleyclaytonward@nhs.net)**

Website: **[imperialprivatehealthcare.co.uk](http://imperialprivatehealthcare.co.uk)**