Silicone Ankle Foot Orthosis
SAFO®

A simple, everyday solution for drop foot

www.dorset-ortho.com
Introduction

Drop foot affects one in one hundred people and can arise as a result of an accident or in conditions such as Charcot-Marie-Tooth (CMT), Gullain Barre Syndrome, Polio, Cerebral Palsy, Multiple Sclerosis and Stroke.

Due to reduced mobility in your foot, walking can be impaired, often resulting in a loss of balance and tripping.

The Silicone Ankle Foot Orthosis (SAFO®), was designed to alleviate these symptoms and medical trials have shown this to be the case in many of the above conditions. An attractive and comfortable alternative to traditional rigid AFOs (Ankle Foot Orthoses), the SAFO® can improve balance, correct walking and help prevent tripping giving a newfound sense of confidence and freedom.

Benefits

- Allows ‘normal’ foot/ankle action
- Improves balance & stride length while walking
- Can be worn discreetly with or without shoes and while swimming or showering
- Easy to fit, clean and maintain
- Improved sensory feedback
- An affordable, comfortable and attractive alternative to traditional AFOs

The SAFO® provides support down the front of your leg and onto the top of your foot. This helps lift your foot while your leg swings during walking.

Matt Mbanga, former professional rugby player & SAFO® wearer

Need further information?

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The SAFO® product range

The SAFO One™, the original SAFO®, comes with a choice of seven skin tones and is fastened using Velcro® which is moulded into the silicone.

The SAFO Walk™ is available in a choice of three skin tones, with easy-to-use external Velcro® straps.

Award-winning SAFO® Made in the UK

The SAFO® proudly holds a Queen’s award for innovation and each one is custom-made in the UK to the highest standards.

For over ten years the Dorset Orthopaedic SAFO® has improved the mobility of individuals with a diverse range of needs worldwide – from young children to Team GB Paralympians.

To support our products, our clinics provide every rehabilitation service you need to live life without limits, including physiotherapy, occupational therapy, and counselling.

We can customise your SAFO® by changing the reinforcements and therefore the support provided, as well as trimlines, colours, logos and skin tones, to best fit your personality.

A perfect fit for everyone

“I wear my SAFO because...

“Now I can just take my shoes off and carry on as before or even walk around in bare feet.”
Lindsay Ilett

“I can do so much more with them, than without.”
Anthony Brown

“It’s wonderful, all my pain in the other leg has gone because I can balance.”
Cynthia Prescott

Laura Wright, SAFO® wearer

Lindsay Ilett, SAFO® wearer
Dorset Orthopaedic Company Ltd

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