



# **Hadley Wood Hospital** Varicose Vein Removal

At Hadley Wood Hospital, we offer state of the art varicose vein treatment. Endovenous thermal ablation, also known as EVLT, is a much gentler alternative to the traditional strip surgery. EVLT does not involve any general anaesthetic and is carried out as an outpatient, walk in-walk out procedure.

#### What are Varicose Veins?

Varicose veins are swollen and enlarged veins that appear mainly on the legs and feet but can also occur in the scrotum (varicocele) and female pelvis (vulval varicose veins)

Varicose veins are often associated with the following:

- Heaviness of the legs
- Itching, aching & swelling of the legs
- Skin damage & ulceration

Whilst there are a number of medical reasons to treat varicose veins, for many it is the appearance of the varicose veins themselves which can cause distress with a large number of our patients undergoing treatment for cosmetic reaso

### The Procedure

EVLT treatment takes approximately 1 hour. Using local anaesthetic, a laser fibre is inserted into the affected veins under ultrasound guidance. Once in position, the laser is activated, heating the vein to the point of coagulation and shrinkage. This ensures the vein is sealed shut, preventing further reflux of blood into the varicose veins. EVLT is now one of the most common non-surgical techniques for dealing with varicose veins given its simplicity and efficacy.

It is important to note that EVLT does not treat superficial spider veins. At Hadley Wood Hospital, we offer a separate treatment for spider veins. Spider veins can be treated after your varicose veins have been successfully treated and our team will be happy to discuss with you during your appointment.

## The Recovery

Recovery from EVLT is usually trouble free and the appropriate post treatment information will be shared with you when you visit the hospital. The procedure leaves no scars and allows you to return home from hospital the same day. Your legs may be slightly tender to the touch for a few days but this discomfort can generally be managed with over-the-counter analgesics. You will be able to maintain normal activities – walking daily is encouraged and promotes rapid healing.

### Pricina

We offer some of the most competitive package prices for varicose vein treatment in London.

The price for our initial consultation includes your colour duplex ultrasound scan which can cost up to £400 alone at other centres.

Initial Consultation	£300
(including a Duplex Ultrasound scan)	

EVLT	<b>Unilateral</b> (one leg)	£1,975
EVLT	<b>Bilateral</b> (both legs)	£2,675

\*EVLT package price includes follow up appointment with you consultant

Treatment of spider veins

For more information, a quotation or to book an appointment, please contact our dedicated enquiries team who are available Monday – Friday from 8am – 6pm on:

T: 020 7317 7751

E: rf.privateenquiries@nhs.net

W: www.royalfreehadleywood.com

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£300