



IMPERIAL PRIVATE HEALTHCARE

THE LINDO WING OF ST MARY'S



Maternity care

World-class maternity care

The Lindo Wing at St Mary's has been welcoming generations of babies into the world since 1937.

Our world-class maternity care, combined with a personalised service, will relax and reassure you throughout one of the most emotional and exciting experiences of your life.

Our consultants, midwives and support staff have the expertise and experience to care for you throughout any pregnancy and delivery – from straightforward births to complex and multiple deliveries. Our specialist staff and neonatal critical care services are available on site 24 hours a day, 365 days a year.

We know that parents-to-be want a trusted team that understands their personal situation and requirements. All women having their babies at The Lindo Wing receive care and advice from their chosen consultant and our dedicated midwives.

Working together with you, we will create a safe care plan that suits you and your baby, for every stage of your pregnancy and birth.

Discretion is key to our service, and we will ensure that you have the space, security and privacy you need to enjoy these precious early moments as a family.

The Lindo Wing offers private en suite rooms, providing a modern, homely environment in which to start your new or expanded family life. Deluxe rooms or suites are available for patients who would like to take advantage of a larger space, subject to availability.

The wing's state-of-the-art facilities include a secure, supervised nursery, so you can enjoy some rest while remaining confident that your baby is being well cared for.

The Lindo Wing is part of Imperial Private Healthcare, which provides modern, world-class consultant-led care in one of the UK's leading teaching hospital groups, Imperial College Healthcare NHS Trust.

“Having our baby delivered at The Lindo Wing was a great experience; we do not know what we would have done without your help, advice and support.”



Expert care

We understand that no two pregnancies or births are the same and each person has different preferences.

We want you to have the support of trusted professionals – from pre-conception through to antenatal care, followed by an exceptional pregnancy and maternity experience, including your follow-up care.

At The Lindo Wing, we offer consultant-led care, whereby your chosen consultant will look after you throughout your pregnancy and the birth and during your postnatal follow up. With a world-class team of consultants and midwives and modern facilities, we provide outstanding levels of safety, whatever birth option you choose.

We can care for you if you have a straightforward pregnancy or if you and your baby are considered to be higher risk.

Our consultants and midwives have the expertise to support you if you have had previous miscarriages or pre-term deliveries or you are expecting a multiple birth.

Neonatal services

If you require specialist medical support, you're in the ideal location. Because we are not a stand-alone private facility, we have the benefit of full acute neonatal services on site, with back-up support services if you or your baby requires any additional attention.

Located alongside the major maternity centre at St Mary's Hospital, we are able to support the most extreme pre-term babies. We also have a neonatal unit at Queen Charlotte's & Chelsea Hospital, which is the biggest in London to care for babies with a birth weight of less than 1.5 kilos.

You also have the reassurance of a wealth of medical support services in all specialisms on site, 24 hours a day, to keep you and your baby as safe as possible. So whatever your health needs, you can trust we have the expertise and ability to help.





With world-class consultants and midwives and modern facilities, we provide outstanding levels of safety, whatever birth option you choose.

Antenatal care

Throughout your pregnancy, you will be seen by a small, specialist team. Whether you have a straightforward or complex pregnancy, we will ensure you are closely monitored and understand the options available to you, with our recommendations.

Antenatal classes

If you would like some help with preparing for your birth and beyond, then we offer a comprehensive antenatal course exclusively available to The Lindo Wing parents-to-be. Our course will help you and your partner prepare for life with your new baby and familiarise yourself with our hospital.

Through these sessions, you will be given the skills and confidence to deal with labour, birth and the early days with your newborn.

Our course also includes an introduction to The Lindo Wing at St Mary's Hospital, giving you the opportunity to meet members of the midwifery team and other members of staff who will be there to assist you during your stay.

We offer group courses, with up to four couples, or if you prefer, bespoke one on one classes which can take place either at the hospital or in your own home at a time that suits you.

24 hour midwife availability

The Lindo Wing also provides a maternity day assessment unit (MDAU) to help you with any concerns during your pregnancy. This unit is run by midwives, who work alongside your consultant to provide monitoring and reassurance.

MDAU is open from Monday to Friday, from 08.00-19.00, and appointments can either be made by yourself or your consultant.

Services include:

- Fetal monitoring (for reduced fetal movements)
- Pre-operative blood tests
- Postnatal review/assessment
- Anti D/steroid injection
- Monitoring of raised blood pressure.



“I have just spent some of the best days of my life under your care.”





“We are expecting our second child and were so impressed with the level of care and professionalism last time that we are returning to The Lindo Wing for this birth.”



Labour and delivery

Your obstetric consultant will be supported by a range of medical experts, including consultant anaesthetists and consultant gynaecologists. They will be on hand to assist if you need them during the labour and birth.

As The Lindo Wing is co-located within St Mary's Hospital, there will always be a wide variety of other specialists available around the clock to support Imperial Private Healthcare in delivering adult intensive care and neonatal care for newborn babies.

Consultants in other specialties – for example, neonatology, paediatrics, renal and cardiology – are available if needed to provide you or your baby with the appropriate care and treatment throughout your stay and beyond.

Because of this broad support team, Imperial Private Healthcare has an excellent safety record.

Postnatal care

If you are first-time parents, the adventure is just beginning and there is a lot to learn. Breastfeeding, washing your baby and the many immunisations required will all be new to you.

Even if you already have children, no two babies and no two births are the same. You may need more support or advice during your recovery – for example, if you have had a caesarean – or your baby may need more help feeding than his or her older sibling. Perhaps, on this occasion, you are going home with twins. Our midwives are available to support you with any questions you have in the early days.

All members of our team are trained in supporting mothers to breastfeed. If you are having trouble breastfeeding or have an excess of milk, you can enquire about the Trust's milk bank, which has been supplying (and receiving) breast milk donations since 1938.

Circumcision

We offer an exclusive circumcision service for baby boys, up to the age of eight weeks, who were born at The Lindo Wing.

The procedure will be carried out as a day case by one of our experienced consultant surgeons, and you can expect to take your baby home the same day.

Please enquire if you would like further information on this service.





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Hotel services

However long your stay, we want you to be comfortable and relaxed. Our friendly hotel services team will help you and your family settle in and feel at home.

At The Lindo Wing, we provide private, modern rooms with en suite facilities. You can also choose to stay in one of our suites or deluxe accommodation.

We provide satellite TV with major international channels, a radio, bedside phone and fridge. Free WiFi is available, and we provide a choice of daily newspaper every morning throughout your stay.

Our extensive and nutritious menu caters for special dietary, cultural and religious requirements (including vegetarian, kosher and halal meals). With the exception of some specific clinical dietary requirements and kosher meals, our talented chefs prepare all meals on site to order.

We also offer a range of optional extras, including our popular afternoon tea service, which is a welcome treat to celebrate your new arrival.

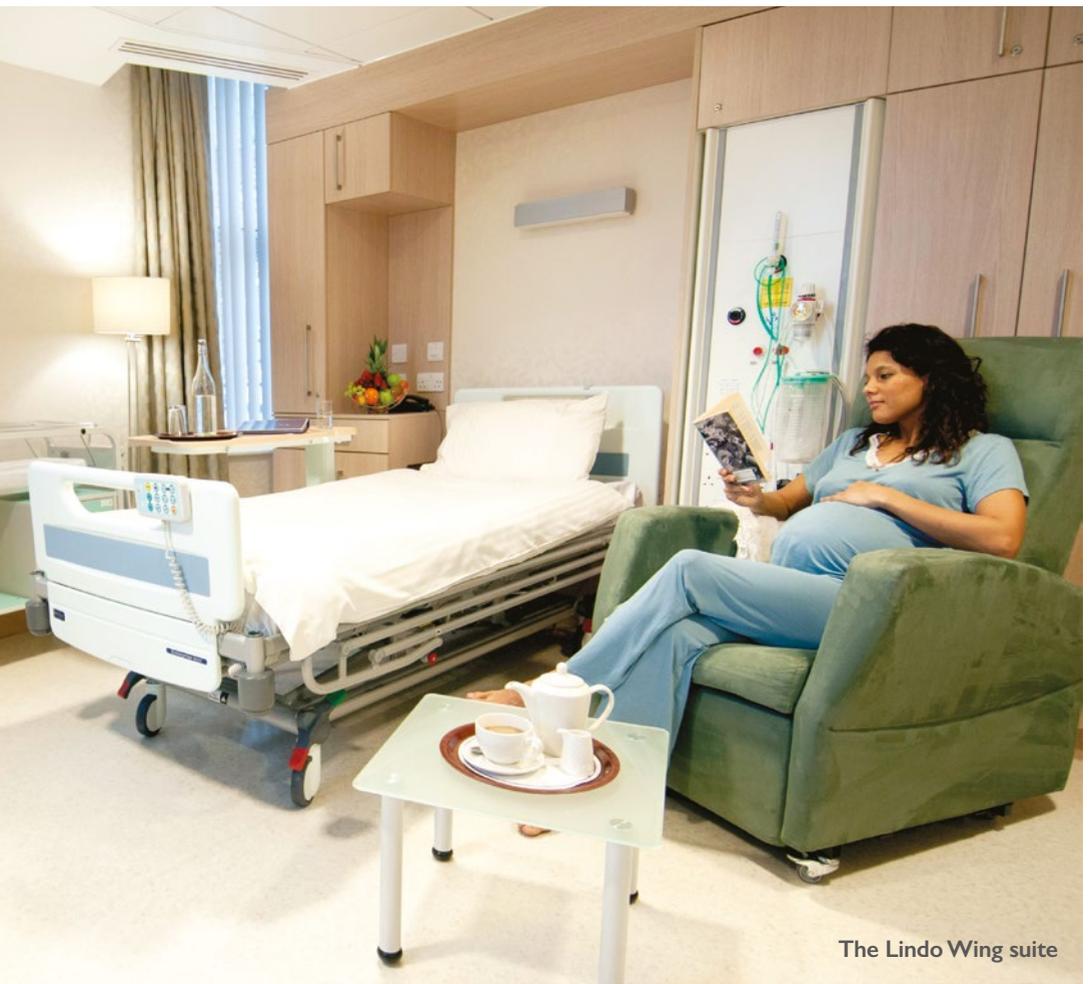
Our senior nurses and midwives regularly review our facilities to maintain our superior levels of service and resolve any issues or concerns. They are on hand should you have any requests or want to feed back on your experience.



Booking a tour

If you would like to visit The Lindo Wing before you make your choice, we would be delighted to show you around.

Please email us on imperial.lindo.maternity@nhs.net or call us on **+44 (0)20 3312 6224**.



The Lindo Wing suite



About Imperial Private Healthcare

As a patient with Imperial Private Healthcare, you'll experience the best of both worlds – world-class consultants providing care in modern, private facilities, all within some of London's most trusted NHS hospitals.

We are proud to be part of one of the UK's leading academic hospital groups, Imperial College Healthcare NHS Trust.

With more than 450 expert consultants covering every medical, diagnostic and surgical specialty, we are able to care for you as either an inpatient or outpatient – whatever your healthcare needs.

In 2006, with Imperial College London and other partners, the Trust became the first academic health science centre in the UK.

Together, we are involved in groundbreaking clinical trials and cutting-edge laboratory research. Bringing together primary research and a clinical setting enables our consultants to translate findings quickly into practice so that you receive the most up-to-date treatment.

From diagnosis until discharge, you and your family will experience exceptional levels of discretion and care. Each of our hospitals offers the comfort and convenience of private en suite rooms, where our nursing and hotel services team will be on hand to support you through your recovery.

All funds generated by Imperial Private Healthcare are reinvested in Imperial College Healthcare NHS Trust, and are used to support and enhance both NHS and private clinical services for the benefit of all our patients.

Imperial College Healthcare 
NHS Trust

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