

☎ 0091-172-2728-016

☎ 0091-987-8300-016

[www.avancedentalcare.com](http://www.avancedentalcare.com)  
[www.avancedentalcare.ca](http://www.avancedentalcare.ca)



[www.avancedentalcare.com/dental-tourism](http://www.avancedentalcare.com/dental-tourism)

# Avance Dental Tourism Guide

Visit Avance

Let Chandigarh take care of you!

Chandigarh heads the field as the **top destination** for international guests in India and, together with Delhi and Mumbai, is one of India's **popular cities** to visit.

Every year approximately **1,700 - 2,100** international patients come to Chandigarh for inpatient and outpatient treatment, attracted by the **city's excellent medical care** and comprehensive Dental services.

**Chandigarh is well up** in the global rankings as one of the leading destinations for major congress. The largest share of these around **14 percent** of all congresses in the city are in the dental, scientific and research sector.



# CONTENTS

---

Avance Dental Care  
and it's Specialists



4



ARRIVALS AND DEPARTURES



8

WHERE TO  
SLEEP, WHERE  
TO SHOP



Hotels  
10



Shopping 13



DESTINATION  
CHANDIGARH  
ALWAYS WORTH A VISIT



14

- 15 Chandigarh Art & Culture
  - 16 Chandigarh highlights
  - 18 Enjoying the best of Chandigarh
  - 20 Key numbers at a glance
-

# AVANCE DENTAL CARE AND ITS SPECIALIZATIONS

The city's many specialized and ultra-modern Dental clinics have forged Chandigarh's reputation for its Dental services and offer high-end treatment for international patients at affordable prices. The following pages present a selection of Avance Dental Care and specialists with their general profile and specialized areas.





# Avance Dental Care

## Dr. Mohit Dhawan

**Avance Dental Care,**  
**Dr. Mohit Dhawan**  
 M.D.S, F.I.C.O(USA), M.A.A.O, M.A.O.I  
 (Prosthodontist & Implantologist)

1197 Sector: 21-B,  
 Chandigarh,  
 India - 160021

+91172 272 80 16  
 +91 987 830 00 16  
 health@avancedentalcare.com  
 www.avancedentalcare.com



Dr. Mohit Dhawan is ranked among India's strongly international dental clinics working with state-of-the-art technologies. This stylish, exclusive, and discrete private clinic combines an innovative dental diagnostic centre with high-end Dental Implant surgeries, and specializes in Prosthodontics & Implantology.

Dr. Mohit Dhawan post graduated in forte of the Prosthetic dentistry from Pt. B.D. Sharma Health University, Rohtak, India. He completed "Advanced Implantology Clinical Programme" in Ziest, Holland under Prof. Dr R.C. Hertel and received advanced training in Oral Implantology at various other Clinics and International centers for Implantology. He is a Life member of Academy of Oral Implantology, Active Member of Academy of Osseointegration (U.S.A) and a Fellow of International Congress of Oral Implantology (U.S.A), Life Member South Asian Academy of Osseointegration. He is a well acclaimed private practitioner in Chandigarh, India, exclusively for Prosthetic, Implant dentistry and Full Mouth Rehabilitation. He is the first and only dentist from region to Qualify onto Oral B India National Dental Expert Panel.

Located in the elegant Sector 21 in Chandigarh, Avance Dental Care offers the best in dental care with dedicated patient services, state-of-the-art diagnostics and surgical techniques.

### Profile

No. of Dental Operatories	3
Inpatients and outpatients per year	2,100
International Office	
Special menus / meals	H

### Special Areas

Dental Implants
Crown & Bridge
Dentures
Cast Partial Dentures
TMD's
Teledental Services
Other Services



# Avance Dental Care

## Dr. Rosy Arora

**Avance Dental Care,  
Dr. Rosy Arora**  
M.D.S,  
(Conservative Dentistry &  
Endodontist)

1197 Sector: 21-B,  
Chandigarh,  
India - 160021

+91172 272 80 16  
+91 9988240393  
health@avancedentalcare.com  
www.avancedentalcare.com



Dr. Arora has post-graduated - M.D.S (Conservative Dentistry & Endodontics) in 2012, from Baba Farid University of Health Sciences, India. A Consultant Endodontist practicing at Avance Dental Care since 2013. Her Clinic has most modern Equipments in Endodontics including Surgical Operating Microscope. Dr. Arora offers her services as Consultant Lecturer in the Department of Conservative Dentistry at the SDD Dental College, Panchkula affiliated to Pt B.D. Sharma University of Health Sciences Rohtak, India. Dr. Arora is a valued member of the Avance Dental Care. Her experience, together with professional excellence, make her ideal for answering any queries that you may have about restorative dentistry & Endodontics.

### Profile

No. of Dental Operatories	3
Inpatients and outpatients per year	2,000
International Office	
Special menus / meals	H

### Special Areas

Root Canal Treatment
Smile Designing
Esthetic Restorations
Laminates & Veneers
Microdentistry
Dental Lasers
Other Services

Located in the elegant Sector 21 in Chandigarh, Avance Dental Care offers the best in dental care with dedicated patient services, state-of-the-art diagnostics and surgical techniques.



## Dr K.P.S Dhody

**Avance Dental Care,**  
M.D. (Critical Care & Anaesthesia)

Dr K.P.S Dhody did his post - graduation in anesthesia from Gujarat Cancer and Research Institute India. He has been a proficient Ex-Senior Resident from PGIMER Chandigarh, India with 11 yrs of clinical experience in handling anesthesia to Oro-Maxillo-Facial Surgeries and critical care. He is well acclaimed Expert in dental chair anaesthesia And Conscious sedation. Expert in handling geriatric and paediatric patients at Avance Dental Care.

### Special Areas

General Anaesthesia  
Conscious Sedation  
Pain Management  
Critical Care



## Dr. A. Sharma

**Avance Dental Care,**  
M.D.S (Orthodontics), WFO, AAO, IOS

Dr.Abhishek Sharma, graduated from Baba Farid University of Health Sciences, Faridkot (Punjab), India and MDS from Himachal Pradesh University, Shimla (H.P), India. He is a active member of World Federation of Orthodontists (WFO), American Association of Orthodontists (AAO) and Indian orthodontic Society (IOS).

### Special Areas

Metal & Ceramic Braces  
Jaw Repositioning appliances  
Invisalign & Aligners



## Dr. K. Mehta

**Avance Dental Care,**  
M.D.S (Orthodontics)

Dr. Kavita Mehta has done her BDS and MDS from H.P. University, Shimla, India. She is Gold Medallist in orthodontic speciality. She is a active member of World Federation of Orthodontists (WFO), American Association of Orthodontists (AAO) and Indian orthodontic Society (IOS).an orthodontic Society (IOS).

### Special Areas

Child Tooth Care  
Space Maintainers  
Special Fixed Orthodontics

1197 Sector: 21-B,  
Chandigarh,  
India - 160021

+91172 272 80 16  
+91 9988240393  
health@advancedentalcare.com  
www.advancedentalcare.com



# ARRIVAL & DEPARTURE

Be driven to your next experience. Book our complimentary Chauffeur-drive service. Make the most of every moment on your journey when you fly to Avance Dental Care.

Book our complimentary Chauffeur-drive service, and we'll take you to and from the airport so you can spend more time focusing on what drives you. We'll collect you from the door, when you land, we'll be there to take you to your final destination. That could be straight to your hotel, your next appointment at Avance, your favorite restaurant. Enjoy our exclusive Chauffeur-drive service.



# HOW TO TRAVEL

The most striking thing about the city is the expanse of resplendent blue sky with the mountains in the backdrop. When you are approaching the city, you would see the jagged skyline of the Shivalik Hills looming large over the city and the faint image of an old temple dedicated to Goddess Chandhi (15 km from Chandigarh) from which the city got its name.

Chandigarh may appear oddly familiar to Western visitors and idiosyncratic to the rest of India. Because of this, Chandigarh is a good place to visit if you need a break from the constant flow of which is often said to assault the senses, and can be overwhelming to foreign travelers.

Chandigarh is also a very secure city. With the lowest crime rates in the country, you can feel safe at any hour.

Chandigarh, counted amongst the well planned cities in India, is both a city and Union Territory. Serving as the capital of the states of Punjab and Haryana, the city witnesses huge footfall every year. With its history as one of the most beautifully planned cities of India, this city happens to be a major Indian destination. As a result, reaching Chandigarh from any part of the world is not a problem. Those travelling by air can book their tickets up to Chandigarh airport while people who prefer trains can buy tickets till Chandigarh railway station. Travellers coming in from nearby cities can also avail state and private bus services, which are quite convenient and comfy.

## Chandigarh International Airport

The Avance Dental Care may be the best place to start when searching for free flights. They will connect dental patients to available flight resources. There is no charge for this referral service. Of course, you can also choose to call our Reception Office directly if you like.



Civil Air Terminal,  
Chandigarh,  
Code: IXC  
Phone: +91172 265 9886

## Delhi International Airport

**Indira Gandhi International Airport** - serves as the primary civilian aviation hub for the National Capital Region of Delhi, India. The airport, spread over an area of 5,106 acres is situated in Palam. It is the busiest airport in the country in terms of passenger traffic since 2009. In 2010 it became India's and South Asia's largest aviation hub, with a current capacity of handling more than 40 million passengers. In 2015, the airport was the 25th busiest airport in the world by passenger traffic and 12<sup>th</sup> busiest airports in Asia.



Airport Road,  
New Delhi  
Code: DEL  
Phone: +91124 337 6000

## Chandigarh Bus Service



The new terminal is located 14 km from Chandigarh City center in Sector 17. The distance between Kashmiri Gate, New Delhi and ISBT - 17, Chandigarh is approximately 183 km. Chandigarh enjoys excellent road connectivity with other neighbouring cities and towns. Several direct buses are available from cities such as Shimla (115 km), Mussoorie (195 km), McLeod Ganj (270 km), Kullu (260 km), Dharamsala (275 km) and Delhi (240 km). NH 1 connects Chandigarh with Delhi.

ISBT-17,  
Sector-17, Chandigarh,  
Phone: +91172 2700006



## Travel and tourism Package by Avance Care

Chandigarh as a destination exudes warmth and draws a lot of visitors from all over the country. Avance Dental Care Travel package arranges an enthralling journey. You will have a great time shopping and enjoying the rich flavors of the northern part of our country, Chandigarh is a great place to relax. Be sure to savour Chandigarh tours as soon as you decide on the dates. Avance Care guides are there to help you experience a stress free adventure.

If you need help with travel plans, We can assist you and your family. Our staff can provide plane, train and airport shuttle information, make or change reservations and obtain tickets.

Taxi/cabs are also available within the package

The visitor is free to decide the pick-up and drop-off location as per his/her convenience.

We arrange **sight-seeing package** tours covering in and around New Delhi - Chandigarh, at an affordable cost.

The overall objective of the service is to help the visitor provide optimum clinical care along a safe and enjoyable journey.

For further information and assistance, call or visit the our office -  
**0091-172-2728-016**

# WHERE TO SLEEP, WHERE TO SHOP

Chandigarh boasts India's most fashionable and modern hotel landscape. Guests from all over the world appreciate the outstanding service, high standards and great value for money. Whether in design hotels or a classic atmosphere, our hotel partners work closely with our partners to offer optimum support during your stay in Chandigarh.



# WHERE TO SLEEP



## JW Marriott Chandigarh

Treat yourself to five-star luxury at the JW Marriott Hotel Chandigarh. The hotel is in the center of the city's vibrant business district, offering convenient accessibility to an array of historic attractions and sites, just 10 minutes away from Sector 17. Upon stepping into our top-rated hotel, guests will be immersed in the ultimate in luxury; all of our 164 guest rooms and suites feature amenities like plush, custom bedding, stunning city views, and spa-like marble bathrooms. The on-site facilities, too, speak to our designation as a five-star luxury property, with features like a full fitness center, a gorgeous rooftop pool area, and six restaurants and bars.

Plot no: 6, Sector 35-B,  
Dakshin Marg, Dakshin Marg,  
Chandigarh  
**Reservations: +91172 395 5555**



## Park Plaza

Make your event grand with the luxury of space. Park Plaza Chandigarh offers the best, largest banqueting facility with 80,000 sq. ft. of elegantly designed space including the lawn, to host up to 3000 guests with ease. Professional services and customised multi-cuisine menus make any occasion, whether trainings, workshops, product launches, exhibitions, weddings or other social events, perfect.

Located in the heart of the city and yet in a world apart, this elegant upscale hotel makes life simple with its convenient location to the airport, railway station and multiple shopping options.



**Park Plaza**  
Block 10, Sector 17-A,  
Chandigarh  
**Reservations: +91172 660 0000**



## Taj Chandigarh

Taj Chandigarh, one of the best 5-star hotels in Chandigarh, celebrates the dynamic spirit of the city in its sophisticated architecture and interiors. Built only recently, the hotel is located in Sector 17, the city's prime business and shopping area. The guests can make the most of its convenient location, as the hotel is a comfortable 30-minute drive from the airport and a 15-minute drive from the railway station.

Taj Chandigarh is the finest luxury hotel in Chandigarh and is well-suited to both business and leisure travellers.

**Taj Chandigarh**  
Block No 9, Sector 17-A,  
Chandigarh  
**Reservations: +91172 661 3000**



# WHERE TO SLEEP



## Hyatt Regency

A 7-minute walk from the sprawling Elante Mall, this contemporary, upscale hotel is 5 km from Chandigarh Golf Club.

Modern rooms with floor-to-ceiling windows feature free Wi-Fi and smart TVs, plus Bose sound systems and luxe marble bathrooms. Upgraded rooms, some with balconies, offer access to a lounge with complimentary breakfast and cocktails. Posh suites add separate living rooms; upgraded 2-bedroom suites have kitchens. There's 24/7 room service.



### Park Plaza

178 Industrial and Business Park, Phase I, Phase-1,  
Industrial Area Phase I, Chandigarh.  
Phone: +91172 440 1234

**HYATT**  
HOTELS & RESORTS



## Aquamarine

This contemporary, streamlined hotel is 4.4 km from Elante Mall shopping, 8 km from Zakir Hussain Rose Garden and 12 km from Chandigarh train station.

Relaxed, modern rooms offer 101-cm flat-screen TVs, free Wi-Fi and minibars, plus tea and coffee making facilities. Room service is available 24/7.

Amenities include a free breakfast buffet, a casual restaurant and a Chinese eatery, as well as a bar. There's also a cafeteria with fast food restaurants, cafes and a coffee shop. Pets are welcome.

Himalaya Marg, Sector 22-C,  
Chandigarh.  
Phone: +91172 501 4000



**AQUAMARINE**



## Hotel Aroma

Hotel Aroma founded in 1953, is as old or as young as Chandigarh, The City beautiful. Over the five decades, it has enjoyed the privilege of hosting personalities of the likes of former Prime Minister of India Late Sh. Jawahar Lal Nehru, Marshal Tito amongst many other national and international dignitaries.

Aroma Twin Hotel Complex, Himalaya Marg,  
22C, Chandigarh  
Phone: +91172 401 0027

**THE AROMA**

# WHERE TO SHOP



## Sector 17

The City Center mall in sector 17 is undoubtedly the most popular shopping destination. This mall has something for all your needs under one roof. From handicraft emporiums to Punjabi dupattas to beautiful jootis and breath taking wooden artifacts, this place has it all. It is also known for mouth watering food available here. With brands like Levi's, Dockers, Adidas, Tommy Hilfiger, Gucci, Nautica, Puma and many more, this mall is the best upscale shopping option.

## Sector 22

Another market famous among the street shoppers is sector 22. The huge area gives an open and non congested environment to shop freely. The various shops here are stacked with merchandise that you can choose from. You are sure to find anything that you can think of under the sun here. This lively market is full of hustle and bustle of excited shoppers and zealous college students who find this place perfect for their fashionable and trendy shopping needs. Fancy footwear, attractive junk jewelry, ethnic clothes, western wear and wonderful gift items, you can get it all here. The small eateries that surround the market offer sumptuous authentic north Indian food that is hard to resist.



## Elante Mall

Elante Mall has always been featured in the map of Chandigarh due to its state of the art shopping facilities which already positions this mall into the first place of a complete entertainment center as a single point to shop and explore. As this mall offers wonderful shopping experience through the presence of numerous renowned brands selling stuffs in genuine price range it can be said to welcome people of all budgets by fulfilling everybody's needs at a single platform.

**Elante,**  
178-178A, Industrial & Business park, Phase I, Chandigarh.

## North Country Mall

The biggest mall of Punjab is operational in Greater Mohali next to TDI city on national highway 21. Other than Chandigarh and Panchkula this will cater to a large population residing in Mohali, Greater Mohali, Kharad, Kurali, Ropar, Morinda and even more far flung places as this the only mall in the area.

**The North Country Mall,**  
NH-21, Mohali Kharar Road.



Chandigarh is a shopper's paradise. It is considered to be one of the best places to shop, especially when it comes to shopping for handicrafts. One of the main reasons for this is that the city is beautifully divided into several sectors. These sectors divide Chandigarh into neat sections with a whole lot of retail stores, open markets, departmental stores as well as malls. With plethora of shopping destinations, Chandigarh is a truly blessed land. The wonderful range of beautifully crafted artifacts and handicrafts makes this the most happening place for shoppers, thus attracting tourists from all over the country.

More details at  
[www.avancedentalcare.com](http://www.avancedentalcare.com)

# DESTINATION CHANDIGARH, ALWAYS WORTH A VISIT

Chandigarh fascinates and inspires. Hardly any other city can look back on such a chequered history – and virtually no other city has changed as fast. Today, over 70 years after independence Chandigarh has a unique and irresistible attraction. The city has developed into a sparkling, creative and international metropolis.





# CHANDIGARH

## ART AND CULTURE, PAST AND PRESENT, TRADITIONAL AND TRENDSETTING

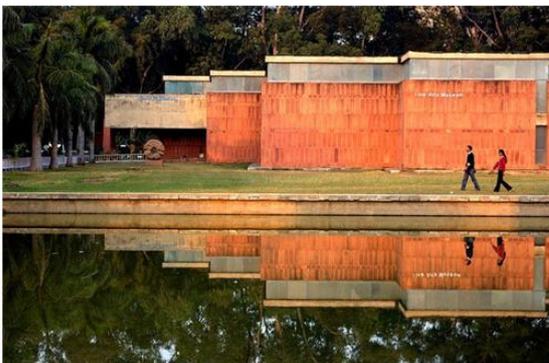
Chandigarh, the capital of the northern Indian states of Punjab and Haryana, was designed by modernist French architect Le Corbusier. His modernist buildings include the Capitol Complex with its High Court, Secretariat and Legislative Assembly, plus the giant Open Hand Monument. The nearby Rock Garden is a park featuring sculptures made of stones, recycled ceramics and industrial relics.

# CHANDIGARH HIGHLIGHTS

Chandigarh is the best-planned city in India, with architecture which is world-renowned, and a quality of life, which is unparalleled. As the capital of the states of Punjab and Haryana, and the Union Territory of Chandigarh it is a prestigious city. The face of modern India, Chandigarh, is the manifestation of a dream that Pt. Jawahar Lal Nehru envisaged and Le Corbusier executed.



## ARCHITECTURE



Of the various multi-dimensional Museums in India, the Government Museum and Art Gallery at Chandigarh occupies a very distinctive position for not only its unique collection of the objects, but also for other reasons as well. Situated in the heart of the city planned by **Le Corbusier**, and very close to the city center in beautiful view of the **Shivalik range of mountains**, the Museum has a very sprawling and spread out campus at one side of which is located the **Government College of Art**.

The Museum has four wings of which the largest and the most imposing is doubtless the building of the Art Gallery. Another wing constitutes the Natural History Museum, Chandigarh Architecture Museum and National Gallery of Portraits.

## Sukhna Lake



This is one of the most picturesque man made lakes in India. The Chandigarh lake Sukhna being an inseparable part of the city was created in 1958 by damming the Sukhna Choe. True to its name Sukhna which implies a wish – fulfilled, the lake is an idyllic resort to enjoy nature at its best.

## Chhatbir zoo



Mahendra Chaudhary Zoological Park, Chhatbir zoo, the distinguished zoological garden is located at a distance of 17 km from Chandigarh and 55 km from Patiala. The zoo sprawls across an expanse of 202 acres against a stunning green backdrop.

## Rock Garden



Chandigarh has the distinction of having a unique world acclaimed Rock Garden. It consists of art objects, fashioned from industrial and urban waste. It is situated between the capital complex and Sukhna lake in Sector 1.

## Cactus Garden



Situated in sector 5, the Cactus Garden is the biggest garden in Asia which is dedicated to the endangered species. It was named after Dr. JS Sarkaria. The garden has a regional collection of cactus which is grouped under a growth form in some specific genera. There are dozens of species of cactus in the garden in which the most popular one is Opuntias, Ferocactus and other succulent plants which includes Agaves, Echinocereus, Columnar cacti and Mammillarias.

## Rose Garden



Zakir Hussain Rose Garden Asia's largest Rose Garden and is spreaded over 30 acres of land having over 1600 different species or roses. These have been planted beautifully carved out lawns and flowers beds. Like the cultural zone which is just across the road in sector 10

## Le Corbusier Centre



Le Corbusier Centre has been set up by the Chandigarh Administration, at the old Sector 19 office of the city's architect, Le Corbusier. The Swiss-French architect used the office while conceptualizing the city almost six decades ago.

# ENJOYING THE BEST OF CHANDIGARH

Relax over exquisite cuisine in an elegant setting and explore a top-flight programme of entertainment and cultural events!



## Dining and more...

When it comes to the culinary scene, there are some stunning restaurants and cafes serving delightful Global fare, especially European, American and Asian. Here again, the modern architecture of the eateries contributes to making the dining experience memorable. Simple yet so chic, the charm of minimalist design is sure to leave a deep impression on you, especially if you have an eye for art and aesthetics. Having said so, there are also numerous little eateries serving rustic yet absolutely delicious local food, where you wouldn't mind sitting at a roadside table to dig into butter dripping paranthas and hot tikkas.

## Virgin Courtyard



The white and blue décor makes you feel like you are dining in some Mediterranean country. This is the perfect place for a dinner date and they offer an Italian fare. The quirky design elements and artefacts also lend to the charm of the place. Some dishes that are worth trying include Red Wine Chicken Risotto, Oven Roasted Pork Loin, Mustard Cheddar Crusted Sole, Spaghetti Aglio Olio and the pizzas. But what you absolutely cannot miss is the tiramisu. It is excellent with the perfect blend of coffee, cream and sugar.

*SCO 1A (Backside), Madhya Marg, Sector 7.*

## Whistling Duck



If you love big spaces, ample sunlight and community tables, then the Whistling Duck is the best option, particularly for Sunday brunch. Some of the dishes sound very interesting and they do live up to the hype too, such as the Quirky Karela we tried, which was a sort of bhel with crispy bitter gourd rings and raw mango relish; and the Dak Bulgogi, which was juicy, Korean-style chicken picattas tossed in sweet and spicy barbecue sauce. The Rendang Curry and Burgers are worth trying too. They also have a selection of innovative cocktails, although they didn't impress us as much as the food.

*SCO 10, Back Lane, Sector 26.*

## Brooklyn Central



Located in the courtyard at Elante Mall, this American-style resto-bar is popular with the locals. The urban industrial set-up teamed with simple décor creates a casual space to catch up with friends for a drink or a fun lunch. Cinnamon French Toast, Brooklyn's Pancakes and Waffles, All American Corn Chowder Soup, Hearty Gumbo Soup, hot dogs, and grills. The menu also offers popular dishes from across the globe in case you are not in the mood for pub grub. The cocktails here are worth trying, and if you have some specific flavours in mind, the bartenders are happy to shake up something special for you.

*Courtyard, Elante Mall.*

## Hops n Grains



The first microbrewery in the city, from the outside it may seem ordinary but as you step in, the chic interiors and the vibe of the place are sure to turn up your energy levels. From their in-house brews you can choose Premium Lager, Weiss Beer or Dunkel (Dark) and they have happy hours till 7:30 pm. The menu offers a wide range of finger foods ranging from the international classics to desi favourites - such as Beer Batter Prawns, Buffalo Chicken Wings, Amritsari Fish, Tandoori Bharwa Aloo, Seekh Kebabs, Nachos, Mezze Platters etc.

*SCO 358, Sector 9, Panchkula.*



# CHANDIGARH TOURIST INFO

## Emergency Services

---

Dental Emergency	<b>+91-987-8300-016</b>
Call an Ambulance	<b>102</b>
Emergency Doctor	<b>108</b>

(toll-free calls, 24 hrs., 7 days a week)

## Assistance

---

Hospital Emergencies	<b>+ 91172-2747585</b>
Police Emergency hotline	<b>100</b>
Sr. Airline Officer	<b>+91172-5056401</b>
Tourist Bureau	<b>+91172-2740420</b>

To find other doctors who speak your own language, you can also contact our office here in Chandigarh.

---



For detailed information on Chandigarh as a tourist destination:

[www.avancedentalcare.com/dental-tourism](http://www.avancedentalcare.com/dental-tourism)

More details on Chandigarh as a centre of Dental and health care services:

Online: [www.avancedentalcare.com](http://www.avancedentalcare.com)

Contact: [health@advancedentalcare.com](mailto:health@advancedentalcare.com)