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**Private Patients**  
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## Renal services

The Royal Free London NHS Foundation Trust is one of the most prestigious medical institutions in the United Kingdom. Through our Academic Health Science Partnership with University College London, our services are underpinned by world class research and teaching. We are committed to providing the very highest standards of care.

Our renal department serves a local population of 1.4 million people providing a comprehensive service with inpatient and outpatient facilities for investigation and treatment of patients with kidney problems.

We provide general nephrology services across several hospital sites and run the dialysis and kidney transplantation services for the North Central sector of London.

### 24/7 consultant-led service

**A team of 16 consultant nephrologists and 5 transplant surgeons provide round-the-clock consultant cover for inpatient services.**

**The Private Patients Unit also has a dedicated team of Resident Medical Officers who are based on the 12th floor, who liaise with all consultants to provide comprehensive medical support to patients.**

The consultants are supported by a large multi-disciplinary team of dialysis nurses, transplant nurse specialists, dieticians, clinical psychologists, renal pharmacists and administrative staff. All the nurses in the private patients unit have been recruited with a clinical background or interest in ITU/HDU or renal medicine. The renal team liaises closely with consultants in other specialties.



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# Specialist services

## Renal transplantation

The Royal Free unit carries out 110 kidney transplants every year of which around 40% are from living donors. We offer laparoscopic ("keyhole") surgery for kidney donors as a routine. Our results compare favourably with the best transplant units both nationally and internationally. We are supported by a highly experienced tissue typing team based at the internationally renowned Anthony Nolan Centre and use the latest Luminex technology.

## Kidney dialysis

The Royal Free manages dialysis services for the entire North Central sector of London serving a population of 1.4 million. We currently have 650 patients on haemodialysis. We have an active dialysis research programme and employ the latest techniques including an extensive haemodiafiltration programme.

The private dialysis facility on the 12th floor has 5 stations including an isolation facility with capacity to provide dialysis for up to 30 patients per week. The unit is supervised by an experienced consultant nephrologist who also runs Royal Free NHS dialysis facilities.

## Vascular access for dialysis

The renal department at Royal Free hospital is a regional centre of excellence for vascular access surgery for haemodialysis. We run weekly, dedicated vascular access clinics for creation and surveillance of haemodialysis vascular access. Our team of experienced vascular access surgeons are supported by a specialist nurse, vascular ultrasound technicians and a highly experienced interventional radiology service.

## Home dialysis therapies

We have 110 patients maintained on peritoneal dialysis and an expanding self-care and home haemodialysis service.

## Acute kidney injury

The Royal Free renal unit manages in excess of 200 episodes of acute kidney injury per annum. Nephrology outpatient clinics are held in a dedicated Kidney and Urology outpatient centre on the third floor adjacent to a renal ambulatory care area.

On the 12th floor private practice unit, acute kidney injury care is provided in a level 2 or HDU setting. An acute dialysis service for private inpatients is provided in

the new private dialysis unit on the 12th floor run by senior dialysis nursing staff with round-the-clock consultant supervision.

## General nephrology

Outpatient clinics are held in a dedicated clinic on the 3rd floor of the main hospital. We cover all areas of general nephrology plus specialist clinics for vasculitis, SLE, low clearance, renal transplantation, renal tubular disease, renovascular disease, difficult hypertension and stone clinics.

Private clinics are held on the 1st floor in the Lyndhurst Private Consulting Rooms.

## Consult service

The renal department provides an extensive inpatient consultation service with regular interaction with other specialist areas, including liver and bone marrow transplantation, intensive care, rheumatology etc.

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**Royal Free Private Patients**  
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# Summary renal service portfolio

The full range of services offered by the renal team at Royal Free Private Patients unit include:

## General nephrology services

- Chronic kidney disease management
- Hypertension
- Low clearance (pre-dialysis) care

## Acute kidney injury

- Leading unit in the London AKI network
- HDU facilities for inpatient management of AKI
- Consultant-led private dialysis unit for provision of acute dialysis treatment

## Specialist clinics

- SLE
- Vasculitis
- Renovascular disease
- Stone clinic
- Scleroderma
- Fabry's disease
- Genetic renal disease
- Renal tubular disease

## Renal transplantation

- Laparoscopic ("keyhole") kidney donor surgery
- Transplantation of the medically complex recipient
- ABO incompatible transplantation
- HLA incompatible transplantation

## Dialysis services

- Haemodialysis
- Haemodiafiltration
- Peritoneal dialysis (including laparoscopic PD catheter placement)
- Plasma exchange

## Vascular access

- AV fistulae
- AV grafts
- Complex upper and lower limb access formation

## Interventional radiology

- Tunnelled central venous catheter placement
- Fistuloplasty
- SVC venoplasty



# Consultants

## Mr Mahmoud Al-Akraa

MD FRCS (Urol)

Consultant Urological Surgeon

### Special Interests:

Laparoscopy and minimally invasive urological surgery, urinary incontinence, urodynamics and renal cancer surgery, prostate and kidney stones laser treatment.

## Mr Neal Banga

MD MBChB FRCS (Gen Surg)

Consultant Surgeon

### Special Interests:

Renal transplantation, vascular access, adrenal and retroperitoneal surgery, parathyroid surgery.

## Dr Jenny Cross

FRCP PhD

Consultant Nephrologist  
Dialysis Lead Clinician  
UCL Centre For Nephrology  
Royal Free Hospital Foundation Trust

### Special Interests:

Renal Dialysis, hypertension, vascular disease, diabetes.

## Dr Peter Dupont

PhD FRCPI

Consultant Nephrologist and Clinical Lead for Private Dialysis Unit

### Special Interests:

General nephrology, hypertension, chronic kidney disease, renal transplantation, haemodialysis.

## Mr Bimbi Fernando

Consultant Transplant Surgeon

### Special Interests:

Renal and liver transplantation, vascular and peritoneal access, laparoscopic cholecystectomy.

## Mr Colin Forman

MA FRCS

Consultant Vascular and Transplant Surgeon

### Special Interests:

Renal transplantation, laparoscopic donor nephrectomy, vascular and peritoneal access, vascular surgery.

## Dr Julian Gillmore

MD PhD FRCP

Reader in Medicine and Honorary Consultant Nephrologist

### Special Interests:

Amyloidosis, general nephrology, dialysis.

## Mr Ben Lindsey

FRCS

Consultant Vascular and Renal Transplant Surgeon  
Clinical Lead Renal and Vascular Access Surgery  
Trust Specialty Training Director – General Surgery

### Special Interests:

Renal transplantation, vascular and peritoneal access. General surgery in the renal failure population.

## Dr Shabbir Moochhalla

MRCP PhD

Consultant Nephrologist

### Special Interests:

Renal stones, fluid and electrolyte disorders.

### Contact the Royal Free London Private Patients Unit Referrals team to book your appointment:

- Direct dial ..... +44 (0)20 7317 7751
- Fax ..... +44 (0)20 7830 2089
- E-mail ..... [rfh.privateenquiries@nhs.net](mailto:rfh.privateenquiries@nhs.net)
- Website..... [www.royalfreepivatepatients.com](http://www.royalfreepivatepatients.com)  
Please fill out the online enquiry form



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# Private Patient facilities

The Private Patients Unit (PPU) is part of The Royal Free London NHS Foundation Trust, which has some 900 beds. Its 5,500 staff see about 700,000 patients a year from all over the world. It was designated "Large Trust of the Year 2010" by the UK's leading provider of healthcare service information, Dr Foster's Hospital Guide.

In the latest annual ratings by the UK's Care Quality Commission, the Royal Free London NHS Foundation Trust was designated "excellent" for the quality of its services for the third year running.

We provide high class facilities and a welcoming environment for patients and visitors. All of the hospital's services are available to private patients, 24 hours a day. Our wide-ranging expertise and modern facilities support the highest standards of care.

## Patient rooms

The PPU is on the 12th floor of the hospital. All the rooms have amazing views on to Hampstead Heath or London's landmarks, as well as:

- en-suite facilities
- satellite television with remote control
- telephone with direct dial numbers
- Wi-Fi
- nurse call facilities
- five star private catering service (Hallal and Kosher available)
- a complimentary newspaper delivered daily as required.

Four dedicated centrally-monitored high-dependency beds have been set aside in our dedicated 12th floor ward, which has been newly refurbished to high standards.

The PPU has its own dedicated kitchen which provides a five star room service. A key priority of the unit's staff is to provide a caring, friendly and helpful service, with clear information and explanations.

## Visiting

Visiting times are unrestricted, but we ask all visitors to leave the hospital by 10pm for security reasons. Visiting with children is limited.

## International patients

We welcome many international patients each year. A great effort is made to ensure that their psychological as well as their clinical needs are addressed. A 24-hour interpreting service is available to guarantee communication between our staff, patients and their relatives. A dedicated service to liaise with embassies is also available to smooth patients' experience. We have a multi-faith chapel and provide information and entertainment through multichannel cable television, as well as international newspapers and magazines. Our catering service offers a selection of different types of freshly cooked meals, according to individual preference and faith.